



FOX MEADOW COUNTRY CLUB

2018 LADIES “LITE” LEAGUE

With the excitement around golf season we would like to bring more attention to the ladies of Fox Meadow. The Tuesday Night Ladies “Lite” League is about a group lesson environment for the less experienced player. Learning is more fun when surrounded by friends who are just as new to the game as you. That doesn’t mean the more experienced players can’t join as well. This amazing opportunity is open to anyone looking for an easier way to learn the fundamentals of the golf swing along with some course management strategies while playing the game we love.

This structured program is designed for a purpose. We start off the program with a simple introduction into the game of golf. We will go over some of the basic rules of golf, etiquette, dress code, and a meet and greet with your golf professionals. All ladies have the opportunity to attend any and all clinic dates listed. On those dates provided you will receive very specific instruction from 5:45 to 6:30pm. The program follows a specific pattern to help with learning the golf swing. We start off with the putting stroke. Why you might ask? The putting stroke is the movement of the fewest parts and the shortest swing. Once we establish a good putting stroke and technique we can move forward with the swing with more moving parts. We will gradually build to the full swing and then start submitting for our LPGA cards right.

The days that we do not have clinics scheduled will be up to you to practice or play golf on those days. If you plan to play we ask that you make tee times accordingly and go have some fun.

To make it easier on both parties, we ask that you call or talk to a Professional in the Golf Shop by 4:00pm **day of** the clinic so we know how many teachers will be needed and who is participating in the clinics. The Golf Shop will have sign-up sheets posted by the stairs for viewing. You can bring as many friends as you’d like if you see a certain topic they would enjoy.

**You do not have to play golf after the clinic, just an opportunity for you to go play afterwards. If you plan on playing, please inform the golf shop.

Once you are finished, please stay and enjoy dinner and drinks on the patio to share some stories of the good, bad and ugly shots from the evening!

Your Golf Professional Staff:

Todd Ekstrand, PGA
Head Golf Professional

Brad Parks
Assistant Golf Professional



2018 LADIES “LITE” LEAGUE REGISTRATION FORM

Fee Information—Covers the entire season of Clinics
\$100 Full Golf and Social Members

Individual Clinic Sessions
\$20 cash
Member & Non-Member

Name: _____

Member Number: _____

Email: _____

Experience Level: _____

Phone: _____

Please contact the Professional Golf Staff with any question
330.723.5536 | tekstrand@arcisgolf.com
FOXMEADOWCC.COM



SCHEDULE OF EVENTS

ALL CLINICS WILL BE HELD ON TUESDAY

Day	Date	Lesson of the Day	Clubs Needed
Tuesday	May 29	Introduction	Putter
Tuesday	June 12	Putting	Putter; PW or SW
Tuesday	June 26	Chipping	8 Iron, All Wedges
Tuesday	July 10	Pitching/Bunkers	All Wedges
Tuesday	July 24	Irons/Hybrids	Golf Bag
Tuesday	July 31	Drivers; Woods	Golf Bag
Tuesday	August 14	Course Management	Golf Bag
Tuesday	September 4	Play with the Pro	Golf Bag
Tuesday	September 18	Round Table	Party/Patio

*Dates not scheduled are open for play. Please call or make a tee time on these dates.

*If a clinic is cancelled due to unfortunate weather, we will attempt to reschedule for a later date.

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