

# LADIES “LITE”

With the excitement around golf season we would like to bring more attention to the ladies of Fox Meadow. The Tuesday Night Ladies “Lite” League is about a group lesson environment for the less experienced player. Learning is more fun when surrounded by friends who are just as new to the game as you. That doesn’t mean the more experienced players can’t join as well. This amazing opportunity is open to anyone looking for an easier way to learn the fundamentals of the golf swing along with some course management strategies while playing the game we love.

This structured program is designed for a purpose. We start off the program with a simple introduction into the game of golf. We will go over some of the basic rules of golf, etiquette, dress code, and a meet and greet with your golf professionals. All ladies have the opportunity to attend any and all clinic dates listed. On those dates provided you will receive very specific instruction from **5:30 to 6:15pm**. This program follows a specific pattern to help with learning the golf swing. We start off with the putting stroke. Why you might ask? The putting stroke is the movement of the fewest parts moving and the shortest swing. Once we establish a good putting stroke and technique, we can move forward with the swing with more moving parts. We will gradually build to the full swing and start submitting for our LPGA cards, right?

The days that we do not have clinics scheduled will be up to you to practice or play golf on those days. If you plan to play we ask that you make tee times accordingly and go have some fun.

## Sign-Up Sheet:

To make it easier on both parties, we ask that you call or talk to a Professional in the shop by 4:00pm **DAY OF** the clinic so we know how many Instructors will be needed and who is attending the clinics. The Golf Shop will have the signup sheets posted by the stairs for viewing. You can bring as many friends as you’d like if you see a certain topic they would enjoy.

***\*\*You do not have to play golf after the clinic, this an opportunity for you to go play afterwards. If you plan on playing, please inform the golf shop.***

**Once you are finished please stay and enjoy dinner and drinks on the patio to share some stories of the good, bad, and ugly shots from the evening.**

# 2019 Registration Form

## Ladies "Lite"

Full Golf, Social Members: \$100.00 for the entire season of clinics

Individual Clinic Sessions: \$20.00 Cash day of clinic

\*Open to Members or Non-Members

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Exp. Level: \_\_\_\_\_

Phone: \_\_\_\_\_



# 2019 Schedule

*Start and end times*

*Tuesday's from 5:30pm to 6:15pm*

<u>Date:</u>	<u>Location:</u>	<u>Lesson of the Day:</u>	<u>Club(s) Needed:</u>
May 28 <sup>th</sup>	Putting Green	Introduction	Putter
June 11 <sup>th</sup>	Putting Green	Putting	Putter; PW or SW
June 25 <sup>th</sup>	Chipping Area	Chipping	8Iron, All Wedges
July 9 <sup>th</sup>	Bunker Area	Pitching/Bunkers	All Wedges
July 23 <sup>rd</sup>	Practice Range	Irons/Hybrids	Golf Bag
July 30 <sup>th</sup>	Practice Range	Drivers; Woods	Golf Bag
August 13 <sup>th</sup>	Golf Shop	Course Mgmt.	All ~ On course
August 27 <sup>th</sup>	Golf Shop	Course Mgmt.	All ~ On course
Sept. 3 <sup>rd</sup>	Golf Shop	Play w/ Pro	All ~ On course

Dates not scheduled are open for play, please call or make a tee time on these dates.

\*If a clinic is cancelled due to unfortunate weather, we will attempt to make that date up.

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